FORM XI (See Rule 22 (2))

NOTICE

Daily periods of work of persons employed commencing 19

Name of employer of Establishment :

Description of Department

(if applicable)

Name of persons employed	Whether young person or not	Day		
- /	100	Employment	Intervals for	Employment
/	0 /	to commence	meals and rest	to cease
(1)	(2)	(3)	(4)	(5)

Date:	Signature of employer

NOTE:

- (1) This notice must be exhibited not later than the closing hours on the Saturday preceding the first week in which it is to take effect and must continue to be exhibited while it is in force in such a manner that it may be readily seen and read by any person whom it affects.
- (2) The hours to be specified in this notice shall be the hours to be worked exclusive of overtime.
- (3) The entries under the heading 'intervals for meals and rest' shall be the actual time at which the intervals are to begin and end (e.g., 1 p.m. to 2 p.m.).